

# BERWICK YMCA

## PROPER ATTIRE



### AUTHORIZED

#### TOPS

- ✓ T-shirts or tank tops
- ✓ When standing, tops must meet top of bottoms (minimum)

#### BOTTOMS

- ✓ Shorts with full coverage of buttocks
- ✓ Leggings
- ✓ Sweatpants or athletic pants

#### FOOTWEAR

- ✓ Athletic shoes
- ✓ Tennis shoes
- ✓ Running shoes
- ✓ Court shoes
- ✓ Cross-training shoes
- ✓ Minimalist/five-finger shoes

#### OTHER

- ✓ Proper hygiene
- ✓ Limited use of perfume/cologne



### NOT AUTHORIZED

#### TOPS

- ✗ Modified /homemade t-shirts/ tank tops/crop shirts
- ✗ Only sports bra
- ✗ Exposed midriff
- ✗ Exposed chest/nipple area
- ✗ Inappropriate or offensive language on clothing

#### BOTTOMS

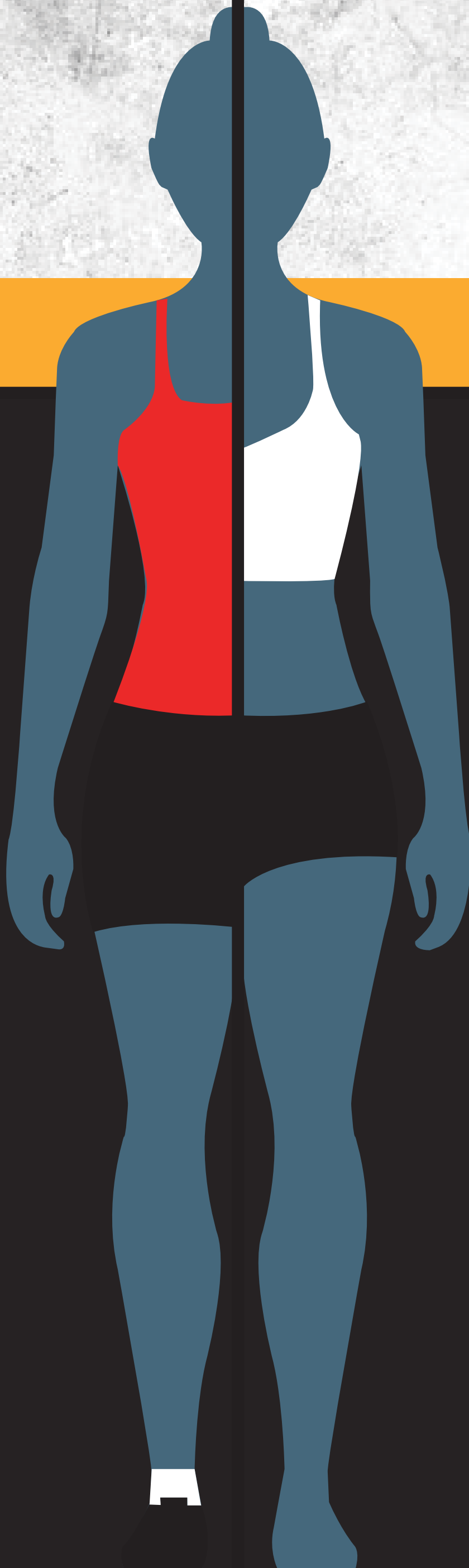
- ✗ Bikinis
- ✗ Exposed gluteus muscles or exposed undergarments

#### FOOTWEAR

- ✗ Bare Feet
- ✗ Socks only without shoes
- ✗ Flip flops
- ✗ Sandals
- ✗ Open-toed shoes
- ✗ Crocs/clogs

#### OTHER

- ✗ Heavy perfume/cologne
- ✗ Body Odor
- ✗ Plastic/rubber suits



Berwick YMCA staff has final discretion on appropriate attire. Thank you for your cooperation.



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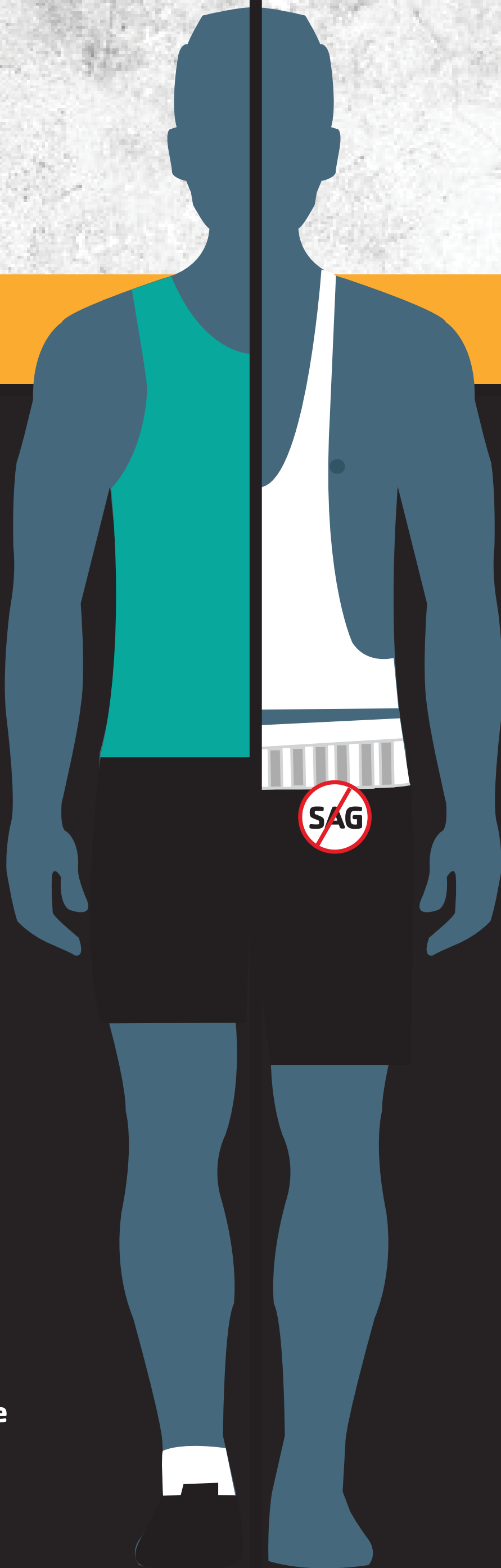
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